MCMILLAN PUTS HITMEN UP 2-0 IN SERIES, P10

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17 killed by plane crash in Montana

DEATHS A single-engine plane, reported to be carrying children on a ski vacation to the Rocky Mountains, crashed on approach to an airport in western Montana yesterday, killing 17 people, the U.S. Federal Aviation Administration said. **REUTERS**

Earth **Hour**

Earth Hour is Saturday, March 28 at 8:30 p.m. local time. Do your part to fight global warming by switching off your lights for an hour. Pick up Metro every day for environmentally friendly coverage all week.

• Going Green
It's more than turning off the lights, Canada aims to outdo itself this year, pg 8

• Tomorrow
How to be sure a beauty product is living up to its claims.

Riding the **Recession**

Looking for ways to save money and ride out the economic storm? Now through the end of March, Metro will share advice on how to cut down on expenses and navigate your way through the recession.

• Canada
Part one of a two-part series on how some businesses are beating the recession, pg 4

• Tomorrow
Canada – The recession isn't doom and gloom for every- one: Part two of our series on coping with the downturn.

ROBIN KUNISKI/FOR METRO CALGARY

Erin Anderson, an employee at the Eaglequest golf dome, surveys the damage after yesterday's heavy, wet snow caused the roof to collapse. Golfers and staff were evacuated and no one was injured.

Dome in the rough

Heavy snow causes collapse at Eaglequest

SHAWN LOGAN
for Metro Calgary

Golfers eager to dust off their clubs at the Eaglequest Golf Dome will have to seek greener pastures for up to three months.

Heavy snow and warm conditions caused the fabric facility to collapse yesterday with about nine people inside working on their game ahead of the spring golf season.

The popular indoor driving range at 999 23 Ave. N.E. began sagging at about 1:30 p.m. forcing the six customers and three staff members inside to evacuate as the massive dome started to cave in.

"There's not much we can do until the snow is gone and it's that time of year when people are pulling out their clubs."
Tracy McLachlan, GM of Eaglequest

Tracy McLachlan, general manager of Eaglequest Golf, said the combination of heavy, wet snow and warm weather created the perfect storm and the facility will now likely be out of action for two to three months before it can be repaired.

"There's not much we can do until the snow is gone and it's that time of year when people are pulling out their clubs," he said, while reviewing the scene yesterday afternoon.

"We got too much snow too quick — at least everybody got out safely."

McLachlan said operators are no strangers to dealing with snow and melt any accumulation with heat and pressure, but in this case water began to pool at the top of the dome, creating a depression that grew larger.

The entire facility collapsed in about three minutes, he said.

The fire department's heavy rescue team was scrambled to the scene and was able to stabilize the structure.

Damage is estimated at $900,000.

McLachlan said there are three staff members on salary and four part-time employees at the dome as well as instructors who will likely be out of work until the facility is repaired.

Meanwhile, business had just begun to pick up with about 100 customers per day using the driving range for lessons and practice.

In December, the fabric dome at the Calgary Soccer Centre also caved in under the weight of heavy snow, putting five indoor soccer fields out of service for months while officials tried to repair it and deal with damaged turf.

Activist calls for inquiry of clash with Aryan Guard

SHAWN LOGAN
for Metro Calgary

POLICE A violent weekend clash between the Aryan Guard and anti-racist protestors has a Calgary activist calling for an independent review of police conduct.

Grant Neufeld, a well-known local social activist, claims he was assaulted by a member of the Aryan Guard at a raucous showdown between two groups Saturday, and his pleas to police to charge his assailant, he says, were ignored.

"I'll be calling on city council to open an inquiry into police conduct — the police were not fulfilling their responsibility and decided to ignore violent actions that took place," he said, noting the same applies to anti-racist activists who went too far.

"Whether it's the protestors I was there with or the Aryan Guard, anyone committing violence should be held to account for it."

Ald. John Mar, a former Mountie and member of the Calgary Police Commission, said city council stays at arms length from police operations and any review would have to be sought through its professional standards section.

"The police were there to keep the peace and if they weren't there, you'd have 500 protestors to 60 neo-nazis, and what do you think the odds are on that one?" he said, noting any review would have oversight from the civilian police commission.

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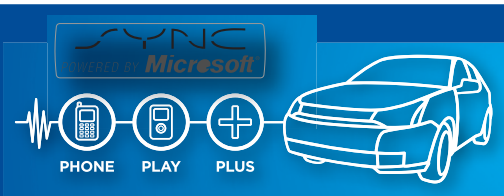

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RCMP investigate Fort McMurray death
The Fort McMurray RCMP are investigating a suspicious death after they found a non-responsive male near the water park in the Waterways district. The man passed away later in hospital. METRO CALGARY

Local

Suncor to acquire Petro Canada?

The Wall Street Journal reported yesterday that Suncor Energy could acquire Petro Canada in an all-stock deal as early as today. WSJ.com cited sources close to the deal that said it would be worth $15 billion, or a 30 per cent premium on the company's current share price. The deal would bring two of Canada's biggest petroleum producers together. METRO CALGARY

News in brief

POWER A transformer fire near 7 Ave and 1 Street SW Saturday cut power to the LRT in the downtown area. The train was not running in the downtown area late into Saturday night, according to officials.
METRO CALGARY

metronews.ca
What's online today.

Blogs It's Called Football welcomes Bob Lenarduzzi to discuss the Vancouver Whitecaps' MLS future
Video Investors anxiously watch for signs that a recent market rally can be sustained at **metronews.ca/canada**
Immigration Guidy Mamann details the hazards of overstaying a Canadian visa at **metronews.ca/immigration**

Lotteries
Friday, March 20
Lotto Super 7: 10, 23, 28, 29, 31, 32 & 46. Bonus 3.
Saturday, March 21
Lotto 6/49: 14, 19, 34, 37, 39 & 42. Bonus 47.
These results are not official.

Clean water message

ALYSSA JULIE
for Metro Calgary

In poverty-stricken villages across the developing world, access to clean drinking water is a challenge families face, and the consequences of going without can be devastating.

It's a message that hit home for a small number of Calgarians who said enough is enough, and despite the cold, snowy weather yesterday, walked four kilometres in downtown Plus15 walkways to raise funds and awareness on World Water Day.

Money raised from the event goes towards organizing hygiene programs and sending water filters to villages lacking clean water.

This is a serious problem, as lack of clean water can lead to waterborne illnesses such as dysentery and diarrhea, said Frank King, media co-ordinator for the Christian, non-denominational, non-profit organization Samaritan's Purse.

"In a lot of these countries the medicare system could be threadbare and a day's walk away ... Oftentimes parents don't have money at all, and in some places it might cost a month's pay. When a family gets safe water, children are sick way less and the incidence of diarrhea does down 40 per cent."

In Edmonton roughly 20 people marched through blowing snow, yelling, "Water is a right, not for oil" as they crossed the North Saskatchewan River to the Alberta legislature to unveil a declaration urging the province to make water consumption a human right.

ROBIN KUNISKI/FOR METRO CALGARY

John Clayton with his daughter Aileen, 5, took the Turn on the Tap Safe Water Challenge to help celebrate World Water Day by walking four kilometres through downtown Calgary's Plus15 system, raising money to help families in the developing world get safe water.

New public art unveiled on 7th Ave.

SEE-TRAIN Not everything isn't as it appears on the 7th Avenue C-Train corridor.

The City of Calgary Public Art program has integrated two new art pieces for patrons of the area, and one in particular is turning heads, according to co-ordinator Stacey Dyck.

"It's based on personal experience, what the people see and what it really means. If they don't read the interpretation, they may never know," Dyck said.

Dyck said Calgarians should check out the piece called Arrival Time - Departure Time; the other piece is called SWARM.

"We're hoping for feedback from Calgarians on the pieces," she added.

The pieces are along the 7th Avenue SW C-Train line between 6th and 7th streets. Additional art for the corridor is slated to be released later this year.

KRISTA SYLVESTER
/METRO CALGARY

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MacKay prefers Canadian Forces

Federal Minister of Defence Peter MacKay told reporters yesterday he is more interested in working with the Canadian military than becoming NATO's next secretary general, downplaying rumours that he may take that position. METRO NEWS SERVICES

Canada

Toronto moves on electric cars

Toronto is joining a small group of forward-looking North American cities that want to speed up the introduction of electric cars on their streets and highways. Called Project Get Ready, the initiative was launched in February by the Rocky Mountain Institute, a Colorado-based think tank co-founded by renowned energy consultant Amory Lovins. The project's founding cities include Raleigh, Indianapolis and Portland. TORSTAR NEWS SERVICE

News in brief

POLITICS Canadians are losing their jobs at the rate of one every 30 seconds but Prime Minister Stephen Harper is incapable of feeling their pain, NDP Leader Jack Layton said yesterday. After speaking to the NDP federal council, Layton said that while hundreds are losing their jobs, Harper would rather talk about how the country is doing relatively well.

LABOUR Legendary U.S. labour organizer Marshall Ganz says during his 40 years of visiting Canada he would often found himself apologizing for the U.S. president of the day. But not anymore, said Ganz, one of the leading characters in the California grape boycott of the 1960s and '70s. TORSTAR NEWS SERVICE

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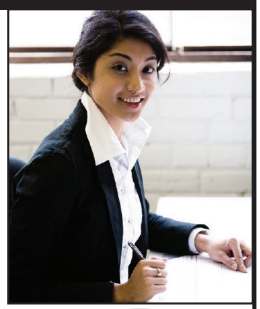

COLUMBIA COLLEGE

Video stores thrive

Vendors of at-home pursuits make cash despite downturn

Riding the **Recession**

Uncertain economic times have had a negative impact on just about everyone — except those who benefit from you staying at home.

Rogers Plus video stores haven't missed a beat with a declining economy.

"Despite the recession, business has been steady in comparison to the last year," said Harold Simons, manager of communications at Rogers Plus.

"We really have not been impacted yet because movies and video games are a great way to entertain yourself at home."

That success even translates to alternative video stores, such as Excitement video in Halifax. The adult film store has also seen an up-tick in sales and rentals since the economy slid late last year.

"Sex just doesn't go away in a recession," said store manager Lindsay Allain. "You don't necessarily need a car. You can do away with that. But you're always going to need sex."

Those looking to brush up on culinary skills at home are helping prop up the bottom line of national grocery chains.

"Things are fairly stable in our business," said Michael Lupien of grocery chain Sobeys. "We're not laying people off. We are seeing an increase in sales in a lot of our prepared meals and things we sell at the deli. People want value for their dollar, which means that they are cooking at home instead of going out."

And what's unfortunate to some, is a boon for others as pawn shops are also seeing more people come in to sell high-end goods for a quick cash injection.

"We've seen about double the number of items come in due to the recession," said Mandy Motyer, a senior supervisor at Cash Canada Pawn Shop in Calgary.

"A lot of people are coming in and telling us that they just lost their job and are looking to make some money somehow."

JENNIFER HILLIKER/ FOR METRO CALGARY

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Darwin led good life as student

With someone to polish his shoes, make his bed and stoke the fire in his spacious rooms, Charles Darwin enjoyed the sort of pampered university life that today's debt-laden British students can only dream about, researchers have learned. REUTERS

World

Ocean toxin a threat

A nerve toxin produced by marine algae off California appears to affect creatures in the deep ocean, posing a greater threat than previously thought, U.S. researchers said yesterday. Surface blooms of the algae known as Pseudo-nitzschia can generate dangerously high levels of domoic acid, a neurotoxin blamed for bizarre bird attacks dramatized in Alfred Hitchcock's 1963 film The Birds. REUTERS

California gunman kills 3 police officers

A man in Oakland, Calif., killed three police officers and wounded two others Saturday in two separate shootings that began with a traffic stop and ended with a gun battle, police said.

Lovelle Mixon, 26, was pulled over during a traffic stop in the early afternoon.

Mixon, who was wanted for violating parole on a charge of assault with a deadly weapon, opened fire on two officers, one of whom later died, and fled.

Officers found the suspect later that afternoon in an apartment.

"I wouldn't wish this on any of my colleagues in the United States."
Acting police Chief Howard Jordan

When a Special Weapons and Tactics team forced their way in, he opened fire with an assault rifle, hitting three officers, two of whom died from the wounds, according to a statement by police in the San Francisco Bay area.

Mixon was killed in the gun fight, and the officer wounded at the traffic stop is in critical condition.

"I wouldn't wish this on any of my colleagues in the United States," acting police Chief Howard Jordan told a news conference Saturday.

"This is very daunting for us, but we are very resilient. We are a big family and we rely on each other for support."

Since Oakland's police department was formed in 1867, 50 of its officers have died in the line of duty.

METRO NEWS SERVICES

What you need to know about

changes to registering for your Alberta Health Care Insurance Plan

Twenty registry locations will improve access to health registration services for Albertans.

Beginning April 1, Albertans registering or making updates to their registration information can do so at participating Alberta registry agents. These agents do not have access to personal health information and provide registration services free of charge.

Visit any of these five locations in Calgary:

Alberta Motor Association*
100 - 530, 8 Avenue SW
403-249-5533

Alberta Motor Association*
220 Crowfoot Crescent NW
403-249-5533

The Licensing Company
Bow Valley Square IV
246 - 250, 6 Avenue SW
403-299-2373

Registries Plus Inc.
20 - 150, 52 Street NE
403-272-5513

Registry@South Trail Crossing Ltd.
66 - 4307, 130 Avenue SE
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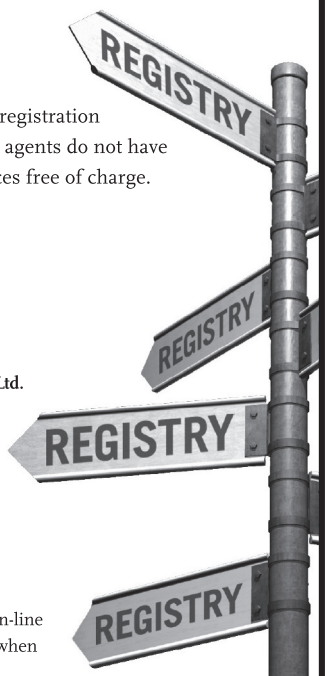
*Service at AMA locations requires AMA membership.



The list of locations providing these services throughout Alberta is available on-line at **health.alberta.ca/health-care-insurance-plan.html**. The list will be updated when more registry locations become available.

Alberta Health Care Insurance Plan forms can also be obtained at these registries or on-line at **health.alberta.ca/health-care-insurance-plan.html** and can be submitted at any registry office or by mail. For inquiries or information updates, please call **780-427-1432** or call toll-free by dialing **310-0000**, then 780-427-1432.

Alberta *A Healthy Approach*

Anger over bonuses rallies critics of Obama's plans

OBAMA A public furor over big bonuses paid by firms bailed out with U.S. taxpayer money is fuelling resistance to President Barack Obama's ambitious plans to extend government intervention in the U.S. private sector.

Republican opponents say his commitment of huge sums to try to revive the ailing economy is driven by a philosophical belief in greater government intrusion in many areas, from health care to education, dubbing it socialism.

As the enormous cost of Obama's effort to stimulate the economy grows, many are weighing just how far the government should be extending its powers.

"We're in the midst of a huge political battle, which is being obscured behind a financial crisis," said Bruce Kogut, professor of ethics and corporate governance at Columbia University. "If the financial crisis wasn't here, we'd be having this battle anyway."

Obama administration officials have had to fend off accusations they were too easy on the financial industry after insurance giant AIG paid out millions of dollars in bonuses after accepting billions of dollars in taxpayer funds.

REUTERS

AIG makeover

- American International Group Inc. has replaced a large AIG sign outside its New York City offices as part of its plan to change that operation's name to AIU Holdings Ltd.

News in brief

GRAVE Guatemala's biggest mass grave may give up its secrets this year when bodies from a massacre during the 1960-1996 civil war are exhumed later this year.

RUSSIA Four people died in a stampede at a discotheque in a small Russian town when word spread that it was offering free entry on Saturday night, police said yesterday. REUTERS

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Comment & Views

Comment

Now entering the blogosphere

HineSight
Anne Hines
metronews.ca/hinesight

This morning I'm reflecting on what makes a life interesting.

There's a reason for this. Recently, Dianne Rinehart, my editor-in-chief at Metro, asked if I'd write a blog to go with my column.

Now when an editor-in-chief asks, "Would you like to …" I snap to and say, "How high?" Usually leading them to ask, "What do you mean? What's that got to do with filing your column on time?" And then I say, "Um … it's like you asked me to jump and I …" And they say, "I knew hiring a humour writer was trouble. I wonder if that woman who writes about telling your fortune by reading bird droppings is still available." Something like that.

Anyway, this week I begin to blog. I'm willing to blog. I'm wanting to blog. I'm waiting to blog. The only thing keeping me from blogging is having no idea what the heck to blog about.

Not being a huge blog reader myself, I asked blog-savvy friends what one blogs about. Apparently, blogging is a chance to share all those ordinary everyday thoughts and experiences that no one will sit and listen to us talk about, but are happy to spend hours reading online.

One friend suggested, "Anything can be interesting. What did you do this morning?"

Me: I spent 45 minutes trying to unglue teeth whitening strips from the paper backing, ending up having to pull 50 half unstuck strips out of my bangs. Is that a blog?

Her: That's a Twitter. You have to work up to that.

Another friend said, "Blog about how you're different. That's what's interesting."

Well, I'm a divorced, remarried lesbian living in a straight neighbourhood. One of my daughters is transsexual. I'm training to become a minister in a faith that traditionally would like to see my sort tarred and feathered.

But frankly, in my world, this is all old news.

And is it our differences that make our lives interesting? The most interesting thing my life experience has taught me is that we're really all the same. We all want to be loved. We all need hope. We all hope to be listened to.

I don't know if that's a blog or a Twitter. I do believe it's the truth.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.

Views

Ring Road, Plan It will go hand in hand

InTransit
Chris Phalen
metronews.ca/phalen

Just when Calgary's identity is bordering on becoming akin to 100 suburbs in search of a city, along comes the giant perimeter to reel in the far-reaching corporate tentacles of developers — the almost mythical Ring Road.

I will venture to say that no road in the history or future of Calgary's transportation infrastructure will impact the city as positively as this.

The very existence of this corralling corridor should have core homeowners jumping for joy as real estate will have no where to go but up. And although transit infrastructure is often connected to real estate value, no project can boast such a targeted impact.

"When development is curbed, that generally increases the value of flanking properties because there is only so much land in which they are allowing to be developed," said Melanie Tennant, Real Estate Investment Network research manager.

A 2007 REIN report contended Calgary transportation improvements will deliver a 10 to 20 per cent enhancement of property values in regions most affected by projects such as Ring Road.

So, reports of Calgary's bid to halt green space development announced days after the draft agreement for the southwest leg of the Ring Road gives officials a handy scapegoat to push Transit Oriented Development investments in the wake of any perceived public outcry.

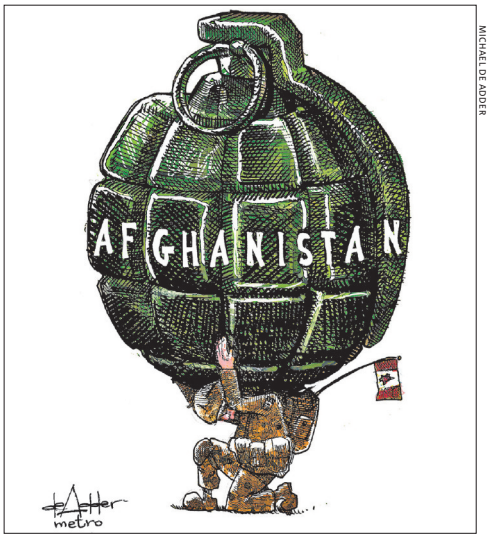
In this case, timing couldn't be better for backers of Plan It Calgary.

Plan It's reported capacity to sustain another 2.3 million citizens without viral development, perfectly timed with the last piece of the Ring Road puzzle, puts the writing on the wall.

The storied Ring Road and nurturing Plan It initiative will go hand in hand.

It's a perfect irony.

Chris Phalen has contributed to Avenue magazine, the Prince Albert Daily Herald, the Globe and Mail and various magazines; calgaryletters@metronews.ca.



MICHAEL DE ADDER

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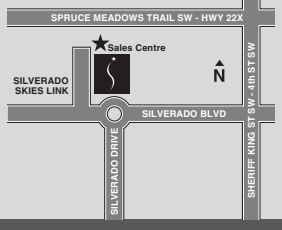

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Going Green

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

More than just turning off lights

Canada prepares for Earth Hour

EarthTones

Earth Hour 2009 is almost upon us. What will you be doing and, more importantly, why are you doing it?

On Saturday, March 28, between 8:30 and 9:30 p.m., we are asked to turn off all non-essential lights and other power-using devices for the third annual Earth Hour event.

Earth Hour started in 2007 in Sydney, Australia. By last year, other countries had jumped on the bandwagon, including Canada, where more than 150 cities signed up to participate, which is one of the highest participation rates in the world. The Toronto skyline dimmed noticeably and hydro usage dropped 8.7 per cent. In Ottawa, they showed a four per cent decrease in hydro usage. In Halifax, the McDonald Bridge, City Hall and Grand Parade Square all went dark.

This year, Earth Hour events are planned in many cities across Canada. For more information about these and other events, go to wwf.ca/earthhour/.

This year, Canada looks poised to outdo its 2008 performance with more than 200 cities already signed up to participate. Canada currently ranks No. 1 in the world in terms of cities signed up for Earth Hour with 208 cities. We are followed by Greece (185) and Australia (172). Lights on major landmarks will be dimmed as Canadians vote with their light switches to show that climate change is important to us.

"This year, Canada looks poised to outdo its 2008 performance with more than 200 cities already signed up to participate."

Speaking of voting, we find it ironic that Canada has more cities than any other country signed up for Earth Hour, however, our government's policy on global warming is lukewarm at best. We have backpedalled on our ratification of the Kyoto Protocol and now with a new forward thinking administration in the U.S. we face the prospect of trailing behind even that traditional digger-in of heels on climate change, the U.S. of A.

EarthHour

We need to decide if we are serious about combating climate change. Are we just participating in Earth Hour for the "cool" factor because it's endorsed by celebrities, we like free concerts and lighting candles is fun anyway? Or are we willing to put resources into sustainable energy generation and into helping existing industries cut their carbon outputs? Meeting our Kyoto obligations is not going to be painless. Are we willing to deal with the pain?

Most importantly, are we willing to tell Ottawa that in spite of all our economic woes, we still care about climate change and about the environment and that we will not accept them turning their backs on it.

Or will we just turn the lights back on at 9:30 on March 28 and go about our lives?

Sophia Dore is an environmental scientist with Conestoga-Rovers & Associates. Andrew Laursen is an assistant professor at Ryerson University; earthtones.metro@gmail.com.

Get the entire family involved

In support of Earth Hour, WWF-Canada and Sears Canada, a national sponsor of Earth Hour, present the Family Guide to Earth Hour, a series of tips and ideas to show Canadian parents that global change begins at home.

Make a plan: Use Earth Hour to discuss what your family can do year-round to take action for the planet. For ideas, visit TheGoodLife.wwf.ca.

Candle-lit games night: Get out the board games or play a game of flashlight tag. Get the family gathered for some old-fashioned quality time to remind your children that games can be played without a computer or TV screen.

Take a tour: Explore your neighbourhood and travel around the city using fun and smart means of transportation — walk, bike, skateboard, scooter, or take the bus and show your kids that travel can be fun and sometimes faster when you leave your car at home.

For more, see wwf.ca/earthhour/celebrating_earth_hour_as_a_family.cfm.

WWF CANADA

News in brief

IDEAS Here are some ways you can observe Earth Hour: Go outside and look at the stars; gather your family or friends for a candle-lit dinner; have an acoustic music jam; make a list of ways you could reduce your energy consumption every hour of every day. For more ideas, see wwf.ca/earthhour/25_ways_to_mark_earth_hour_2009.cfm.

NUMBERS More than 1,850 cities, towns and municipalities in 81 countries have made commitments to take part in Earth Hour 2009. For more, visit www.earthhour.org/home/

METRO NEWS SERVICES

Iraqi businesswomen push for government support
Iraqi businesswomen urged the government Saturday to support them in their push for a greater share of the reconstruction business that is expected to flourish in Iraq now that the violence is subsiding. REUTERS

Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Focus moves to fresh water

Resource on the wane: Forum

If water is now the kind of precious commodity that oil became in the 20th century, should delivery of clean water be the same sort of powerful political force as the environmental movement in an age of climate change?

And, in another sense of green, is there money to be made in a time of water scarcity?

The answer to both questions is yes, according to environmental activists watching a weeklong global forum on water in Istanbul, Turkey.

What was clear at this year's World Water Forum was the notion that clean water supplies are waning due to a warming world.

And according to the World Health Organization, there is a high return on investment in clean-water projects: Every $1 spent on water and sanitation can bring economic benefits averaging between $7 and $12.

REUTERS

Did you know?

- More than one billion people lack access to clean water worldwide.

Obama team predicts rebound

FORECAST The Obama administration is "incredibly confident" the U.S. economy will rebound within a year, a top adviser said yesterday before a critical week in efforts to flesh out and sell the president's recovery agenda.

"We will be seeing signs the economy is turning around," Christina Romer, head of the White House Council of Economic Advisers, told the Fox News Sunday program.

When she appeared on CNN's State of the Union show, Romer said that she had "every expectation, as do private forecasters, that we will bottom out this year and actually be growing again by the end of the year."

REUTERS

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Company sues FDIC for $13B

LAWSUIT Washington Mutual Inc., the failed U.S. savings and loan company, has sued the Federal Deposit Insurance Corp. for well over $13 billion US in connection with the loss of its banking operations, which was acquired by JPMorgan Chase & Co.

In a complaint filed with the U.S. District Court for the District of Columbia, the thrift's former parent accused the FDIC of having made a "cryptic disallowance" of its claims on Jan. 23, prompting the lawsuit. REUTERS

Italian jewellers see gloom in '09

INDUSTRY Italy's jewelry sector, the world's top exporter, will see more gloom this year with falling output and export sales, participants at a trade fair said Saturday.

Italian jewelry used to dominate the world markets, but its market share has shrunk since early 2000 as lower-cost rivals from India, China and Turkey advanced. Economic crisis and high gold prices have dealt it an additional blow.

Some jewellers said they hoped to see the first signs of recovery in the last quarter of 2009, when Christmas sales usually boost trade. REUTERS

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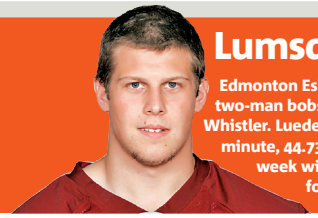
Anderson, Calve end season with medal haul

Jasey-Jay Anderson and Caroline Calve capped a big weekend for Canada at the final snowboard World Cup event of the season in Italy yesterday with gold and silver in the men's and women's parallel giant slalom, respectively. METRO NEWS SERVICES

Sports



Lumsden a natural in the sleigh

Edmonton Eskimos running back Jesse Lumsden became a Canadian two-man bobsleigh champion with pilot Pierre Lueders Saturday in Whistler. Lueders and Lumsden clocked a two-run combined time of one minute, 44.73 seconds to finish in first. The football star trained all last week with the Canadian bobsleigh team as a cross-training exercise for the upcoming CFL season. METRO NEWS SERVICES

EDITOR: JOHN.CHICK@METRONEWS.CA

Sports in brief

NHL Michael Ryder and Marc Savard each posted a goal and one assist, as the Bruins clinched the Northeast Division title with a 4-1 victory over New Jersey yesterday in Boston. The Bruins last won a division crown in 2004.

METRO NEWS SERVICES

SCOREBOARD

NHL

YESTERDAY'S RESULTS

Minnesota 3 Edmonton 0
Ottawa 2 N.Y. Rangers 1
Boston 4 New Jersey 1
Chicago 4 Los Angeles 1
Philadelphia 3 Pittsburgh 1
Phoenix at Anaheim
Colorado at San Jose

NBA

YESTERDAY'S RESULTS

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Cleveland 96 New Jersey 88
Houston 87 San Antonio 85
Miami 101 Detroit 96
New Orleans 99 Golden State 89
Oklahoma City 97 Minnesota 90
Philadelphia at Sacramento

NCAA

MEN'S BASKETBALL TOURNAMENT
YESTERDAY'S RESULTS

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Pittsburgh 84 Oklahoma State 76
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Arizona 71 Cleveland State 57
Louisville 79 Siena 72
Kansas 60 Dayton 43
Michigan State 74 Southern California 69
Missouri 83 Marquette 79

Hitmen go up 2-0

LAURENCE HEINEN
for Metro Calgary

Carson McMillan emerged as the overtime hero last night as the Calgary Hitmen edged the Edmonton Oil Kings 2-1.

McMillan tipped a Paul Postma point shot past Edmonton goalie Torrie Jung to ignite the crowd of 11,122 fans at the Pengrowth Saddledome.

"It's a great moment," McMillan said. "I've played almost 50 playoff games and only got a couple goals.

"It's obviously nice to chip in as much as I can."

With the win, the Hitmen took a 2-0 lead in their opening round Western Hockey League playoff series against the Oil Kings. Edmonton is slated to host the next three games of the series tonight, Wednesday and Friday, if necessary.

"Now it's time to go home and try to hold serve," said Edmonton coach Steve Pleau, who commended his goalie Torrie Jung for making 54 saves to keep the Oil Kings in the game.

"He gives us all our energy. He gives us all our belief in what we do. When you've got a guy like that, it's fun to be at the rink."

Shayne Neigum notched a power-play goal in the second to give Edmonton a 1-0 lead before Kris Foucault scored for Calgary at 15:42 of the third to force overtime.

For more sports coverage visit: metronews.ca

Curling Canada tested

JEE HAE WON/REUTERS

Canada skip Jennifer Jones, top, and U.S. skip Deb McCormick watch the line of a stone during their play at the 2009 World Women's Curling Championship in Korea yesterday. Jones' rink faced a tougher matchup against Russia yesterday, but won 8-5.

Ocean research at uVic
The recently announced University of Victoria-based Oceans Network Canada Centre for Enterprise and Engagement will manage two highly sophisticated underwater laboratories, which will improve the ability to plan for and respond to sea-based disasters. METRO NEWS SERVICES

Workology

Cage-free eggs at Brock

Brock University in Ontario's Niagara region has become the 12th post-secondary institution in Canada to adopt a cage-free egg purchasing policy. Brock announced its decision Wednesday, saying it is committed to serving 100 per cent cage-free eggs in all campus food facilities.
METRO NEWS SERVICES

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Four Olympics and counting

Odd**Jobs**

Architecture critics marvel at the look of the new Richmond Olympic Oval. But the speedskaters who whip around the corners and look up at the clock to check their time only care about one thing: The ice.

And that's the responsibility of Mark Messer. He's the chief plant manager and ice and facility specialist for the Olympic Oval in Calgary, and is helping out at the new B.C. venue too.

The 48-year-old helped design some of the technical aspects of the new facility and will monitor the ice during next year's Olympics. It'll be his fourth Olympics — he spent 40 days straight in Turin in 2006.

Originally from Saskatchewan, Messer grew up in Calgary a mechanically minded kid. He did an apprenticeship as a heavy-duty mechanic but got laid off from his job in 1982 when the construction market dried up.

He got hired by the Saddledome when it opened in 1983 and learned on the job how to make ice for the Calgary Flames. He went to the Olympic Oval when it opened in 1987 and learned about speedskating.

Over the years, he took courses on refrigeration and ice-making equipment. Five years ago, he got promoted into his current position.

"To be good at this job, you have to have an open mind, be creative and open to new things," says Messer. He's questioned many traditional ice-making techniques and his experiments have led to numerous new ways to make fast, clean, smooth ice for both speedskaters and hockey players (his facility has a long-track oval and two international size rinks for hockey and short-track skating).

He's learned, for instance, that highly purified water works best for long track skating, while water with minerals and impurities left in it leads to better short track skating.

These days, his job entails monitoring the ice by looking at computer reports from under-the-ice sensors, by checking it personally and talking to skaters and coaches. He adjusts the humidity in the building and works with his ice maintenance staff to achieve a smooth, fast surface.

He drives a Zamboni himself at least a few times a week, more lately in Richmond as he's been training staff there.

While he's an expert on ovals and loves being around speedskaters who strive to be the best, he's not a racer himself. He's more of a hockey guy.

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

The **Lowdown**

Job title: Ice specialist
Education/training: On-the-job learning, plus courses in refrigeration and building operations
Best Part of the Job: "When you see the joy in the athlete's faces when they get a personal best time or a world record and it's on our ice, the ice we made to get them there."
Worst Part of the Job: "The hours. I sometimes work 6 a.m. until midnight, and I'm always on call. I've got a family and I'm more and more away from home right now."

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Hamilton laces them up again

After becoming the second contestant fired from this season's Celebrity Apprentice, Olympic champ Scott Hamilton announced this week he is returning to his day job: Ice skating. PEOPLE.COM

Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

Making fun of the news

IAN JOHNSTON
for Metro Canada

Making fun of the news seems like a no-brainer. You need material? All you got to do is open a newspaper or switch on the TV.

But according to comic Colin Mochrie, it can be tricky sometimes.

"I remember after 9-11, for a long time it was hard to come up with a funny angle on that particular news item," says Mochrie, who was a cast member on This Hour Has 22 Minutes from 2001 until 2003. "We eventually did by focusing on the hysteria that resulted afterward."

"It was an odd time. I remember doing an improv tour, and you'd do a Bush joke and immediately lose 50 per cent of the audience. They'd boo."

BRIAN CORCORAN

The Hour's George Stroumboulopoulos with Colin Mochrie.

Mochrie will return to the faux anchor desk this week as a guest on CBC's The Hour, delivering The News, the talk show's nightly look at the world of entertainment.

Comic Sean Cullen kicks off the guest anchoring tonight, followed by Mochrie (Tuesday), Gilson Lubin (Wednesday), and Nikki Payne (Thursday).

"We just thought it would be fun," says The Hour host George Stroumboulopoulos.

"One of the things we do on our show is make sure Canadian talent has a home. We only have two interview spots, so we thought — how can we get them on the show? Hey — let's get them to do the The News. Do what I do."

Stroumboulopoulos says his talk show, which combines interviews with headlines and commentary, can be funny. But don't go mistaking it for a comedy show.

"We can do observation, we can point out the obvious, we can make jokes, or provide a nuisanced look at something. But we're not a comedy show. But in there, if the audience finds something funny, that's great."

The host says he likes to change things up on his show and looks forward to what the comics bring to the table.

"We have our writers, but they'll bring whatever they bring. We'll work on it with them. But no one needs to tell Sean Cullen or Colin Mochrie what to do."

Mochrie can't see himself doing nightly commentary on a show like The Hour or The Daily Show with Jon Stewart.

"It's certainly a good way to get your point across," he says. "But it sounds like work to me. I'm lazy. I'd get on the computer to write and get distracted by solitaire."

The Hour airs Monday-Friday at 11 p.m. on CBC.

CA	Vu	SC	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
3/23/09	267	351 - ACCESS	Alberta Primetime (Live)		Castle (HDTV) (N)		Dancing With the Stars (HDTV) Celebrities compete.				Primetime
	243	317 3 CFCN	etalk	Hollywood	CSI: Miami (HDTV) (N)		Big Bang Th	Gary Unmarr	Two/Half Men	Corner Gas (N)	News (N)
	-	- 4 OMNI	Two/Half Men	The Simpsons	News		News		The Simpsons	King	Metropia
	-	371 5 KXLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Dancing With the Stars (HDTV) Celebrities compete.				Castle
	245	306 6 CBRT	Coronation St.	Jeopardy! (N)	Little Mosque	Sophie (N)	Comedy Fest	Comedy Fest.	CBC News: The National		The Hour
	244	338 7 CICT	ET Canada	Entertainment	Heroes "Cold Snap" (N)		House "Joy" (HDTV)		24 (HDTV PA) (N)		News Hour
	246	- 8 CKAL	Law & Order: SVU		Man Tracker		Chuck (HDTV) (N)		Less-Kind	Friends	Your City
	119	705 9 CBXFT	Virginie (SC)	La Petite vie	L'Auberge du chien noir (SC)		Les Boys (SC)	Tout sur moi	Le Téléjournal et Les Nou		TJ Alberta
primetime	-	- 10 SHAW	(6) Local Programming						Local Programming		
	-	372 12 KREM	News (N)	Hollywood	The Doctors		Big Bang Th	How I Met	Two/Half Men	Engagement	CSI: Miami (N)
	-	374 14 KSPS	NewsHour With Jim Lehrer		'Allo, 'Allo!	Steves Europe	Antiques Roadshow		The Powder & the Glory (N)		
	502	390 15 CBC	CBC News: The National		Forced to Marry (N)		CBC News: The National		CBC News: The National		Forced-Marry
	-	370 16 KHQ	News (N)	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	Chuck (HDTV) (N)		Heroes "Cold Snap" (N)		Medium
	-	373 22 KAYU	The Simpsons	Raymond	Two/Half Men	Two/Half Men	House "Joy" (HDTV)		24 (HDTV PA) (N)		News (N)
	297	652 37 WPIX	One Tree Hill (HDTV) (N)		PIX News at Ten Tong.		Two/Half Men	Friends	Sex and-City	According-Jim	Frasier
news	500	500 29 CNN	Larry King Live (N)		Anderson Cooper 360 (HDTV)				Larry King Live		Cooper 360
	508	502 31 CNN2	Lou Dobbs Tonight		Nancy Grace		Showbiz Tonight		Lou Dobbs Tonight		Nancy Grace
sports	400	400 21 TSN	NHL Hockey	NHL Hockey Detroit Red Wings at Calgary Flames. (HDTV) (Live)					SportsCentre	UEFA Weekly	Poker
	408	418 27 net	Sportsnet Con.	Baseball World Classic Final -- Teams TBA. From Dodger Stadium in Los Angeles.						Sportsnet Con.	Sportsnet Con.
	410	403 30 SCORE	(7:15) WWE Monday Night Raw				(9:15) Score Tonight		WWE Monday Night Raw		
family	411	457 44 OLN	Mantracker		Bounty Hunter	Bounty Hunter	Survivorman		Mantracker		Bounty Hunter
	417	406 48 SPEED	SuperCars	SuperCars	Barrett-Jackson		Car Crazy	Pass Time	This Week in NASCAR		SuperCars
	552	543 20 YTV	Drake & Josh	iCarly	Karaoke Star Junior		Malcolm-Mid.	Futurama	League-Evil	Zixx Level	Falcon Beach
	557	541 39 FAM	Zoey 101	Life Derek	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School
	555	545 67 TOON	Ben 10	Johnny Test	Totally Spies	Total Drama	6TEEN	6TEEN	Futurama	Punch	Robot Chicken
	575	583 11 CMT	Reba	Reba	Hope & Faith	Hope & Faith	Karaoke Star Junior		Home Improve.	Home Improve.	Reba
	553	546 17 TREE	Little Bear	Bucket-Dinos	Big Comfy	Big & Small	Max & Ruby	Babar	Backyardigans	Dora-Explorer	Go, Diego, Go!
	-	- 18 CHTV	The Insider (N)	E! News	Snoop Father	Snoop Father	The Soup	How I Met	'Til Death	Engagement	News (N)
	505	398 19 TWN	(5) EarthWatch One		EarthWatch One		EarthWatch Two				
	602	568 23 W	Style by Jury	Style by Jury	Will & Grace	Friends	How Clean	Kim	Love It or List It		Dollars-Sense
	521	560 24 TLC	Jon & Kate	Jon & Kate	Table for 12	Table for 12	Little People	Little People	Jon & Kate	Jon & Kate	Table for 12
	603	561 25 FOOD	Food Detective	Road Tasted	Hell's Kitchen		Chef School	Chef School	Challenge		Food Detective
	615	520 26 A&E	Intervention "Sharon"		Paranormal State (N)		Paranormal	Paranormal	Intervention		Intervention
	617	522 32 SHOW	Wife Swap		The Outer Limits		Cashing In	Kink in Hair	Kenny-Spenny	Kenny-Spenny	Name Is Earl
	601	562 33 SLICE	Wedding SOS	Wedding SOS	Project Runway Canada		ET Canada	Til Debt-Part	Real Housewives OC		Trading Sp
	-	633 34 ENC2	*For the Moment* ★★ (1993, Romance) Russell Crowe.				*Leo Tolstoy's Anna Karenina* ★★ (1997, Romance)				*Gone-Wind*
	520	505 35 DISC	Dirty Jobs		The Detonators (N)		Daily Planet		Dirty Jobs		Detonator
	620	523 36 BRAVO	Saturday Night Divas (N)		Marie-Jose Simard & Friends		Law & Order "Bitch"		Without a Trace		*Hostile Waters*
	294	650 40 WPCH	(6) *Blade II* (2002)		Steve Harvey	Seinfeld	Family Guy	Family Guy	*Blade II* ★★ (2002, Horror), Ron Perlman		
	626	547 41 COM	Laughs	Comedy Now	Air Farce	Just for Laughs	ET Canada	Corner Gas	The Simpsons	South Park	Comedy-Roast
	-	539 42 TCM	(7:15) *Other Men's Women* (1931, Drama)			Men Who Made Movies	*The Purchase Price* ★ (1932)			(10:45) *Frisco Jenny* (1933)	
	628	584 43 SPIKE	*Training Day* ★★★ (2001, Crime Drama) Denzel Washington, Scott Glenn.					MANswers	CSI: NY "On the Job"		Disorderly
	522	516 45 HIST	Sinking an Aircraft Carrier		NCIS "The Bone Yard"		Hero Ships		Sinking an Aircraft Carrier		NCIS
	627	528 46 SPACE	Lost "Adrift"		Sarah Connor Chronicles		Stargate SG-1		Star Trek: Next Gener.		Trek: Voyager
	-	- 47 AMC	(6) *Hang 'Em High* (1968, Western)			(8:45) *Drums Across the River* ★★ (1954, Western)				The Flesh and the Fiends	
	619	525 49 TROP	What Happen?	What Happen?	Vanity Insanity	Reality	Reality	E News	Ground Up		Smarter
	600	564 50 HGTV	Property Virgin	House Hunters	Ambrose Price	Petal Pushers	Holmes on Homes		Property Virgin	Income Prop.	House Hunters
	501	391 52 CTV	CTV Newsnet		News	CTV Newsnet	News	CTV Newsnet	News	CTV Newsnet	News
	504	508 70 BNN	Squeeze Play		Market Call		Headline	Market Call	Berman's Call	Money Talks	Squeeze Play
	526	507 92 VIVA	Commander In Chief		Dollars-Sense	Lie Detective	Mediums	In Dreams	Judging Amy		Commander
	269	350 93 APTN	MYTV	The Mix	Miywayawin	Dancing-Spirit	Nedaa: Your Eye on the Yukon		Suaangan	Sharing Circle	Cowboy C'try
	-	- 94 MCP	(6:30) News	News	Eight Heroes	Mom's-Upset	Can't Live Without Her		Marimar		Pinoy-Entertain
	571	581 100 MMM	Don't Forget the Lyrics!		Don't Forget the Lyrics!		Where You At	Back In	Party of Five "All's Fair"		Don't Forget
	570	580 101 MM	Shot at Love-Tila Tequila		MuchNews	Video on Trial	MuchVibe		Shot at Love-Tila Tequila		MuchTopTens
cable variety	581	566 102 MTV	The Girls of Hedsor Hall		Taking the Stage		MTV Live	After	The Girls of Hedsor Hall		Taking, Stage

critics' corner

Saturday Night Divas
It's not Saturday night, and it's not October either. But breast cancer awareness shouldn't be confined to a single month. In this new special, several top female singers take the stage to support the battle against breast cancer. They include Celine Dion, Chaka Khan, Natasha Bedingfield, Alicia Keys and Girls Aloud. 7 PM on BRAVO

Heroes
H.R.G. (Jack Coleman) persuades Emile Danko (guest star Zeljko Ivanek) to release Tracy (Ali Larter) from Building 26 in hopes that she will lead them to "Rebel." Angela (Cristine Rose) turns to an old friend (guest star Swoosie Kurtz) for help. Ando and Hiro (James Kyson Lee, Masi Oka) try to protect the newest hero in the new episode "Cold Snap." 8 PM on CICT, 10 PM on KHQ

Medium
Allison (Patricia Arquette) grows suspicious when the ghost of Agent Cooper (guest star Kurtwood Smith) visits her again with tips to help her catch the right criminal, leading her to question whether he has a hidden agenda. Against his better judgment, Joe (Jake Weber) hires a man whose credentials are less than impressive. Miguel Sandoval and David Cubitt also star in "A Necessary Evil." 11 PM on KHQ

Box office

Estimated ticket sales for Friday through Sunday at U.S. and Canadian theatres:

1. **Knowing:** $24.8million US
2. **I Love You, Man:** $18 million
3. **Duplicity:** $14.4 million
4. **Race to Witch Mountain:** $13 million
5. **Watchmen:** $6.7 million
6. **The Last House on the Left:** $5.9 million
7. **Taken:** $4.1 million
8. **Slumdog Millionaire:** $2.7 million
9. **Madea Goes to Jail:** $2.5 million
10. **Coraline:** $2.1 million

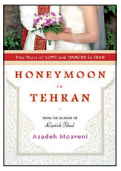
REUTERS

Pork off Witherspoon's table
Reese Witherspoon has been forced to ban pork from her diet, after buying her young daughter Ava, 9, a pet pig. FEMALEFIRST.CO.UK

Progressive side of Iran

Honeymoon in Tehran

Author: Azadeh Moaveni
Publisher: Random House
Price: $30 (Hardcover)



In this intimate memoir, journalist Azadeh Moaveni presents two very different faces of Iran. On the surface, she sees the fundamentalism in the stern ascension of President Mahmoud Ahmadinejad. But through her reporting, she meets a host of characters representing a progressive Iran, that express views against the country's oft-stereotyped class divisions. In a country she only meant to work in, Moaveni finds love, marriage and a family before being presented with whether to stay in a varying Iran or leave to protect her loved ones.

BookPicks

The Vagrants

Author: Yiyun Li
Publisher: Random House
Price: $28 (Hardcover)

In The Vagrants, Gu Shan rocks her native Chinese town Muddy Waters. The young woman has protested against Communism in the country during the late 1970s, a time when defection equalled death. As she appears centered in a stadium awaiting execution, the onlookers who had a connection to her recall their own impressions of Shan.

A Mad Desire to Dance

Author: Elie Wiesel
Publisher: Random House
Price: $28 (Hardcover)

In the office of his psychiatrist, Dr. Thérèse Goldschmidt, Doriel rhymes off his struggles and rants about his troubled life. The 60-year-old Polish Jew is living in New York, but never reconciled the loss of his family in Europe years ago. Following the Holocaust, in which his mother found a calling as a Resistance member, both his parents perished in an accident. In A Mad Desire to Dance, Nobel Laureate Elie Wiesel details the intellectual haunting and mental disorder that plague Doriel in his senile pursuit of redemption.

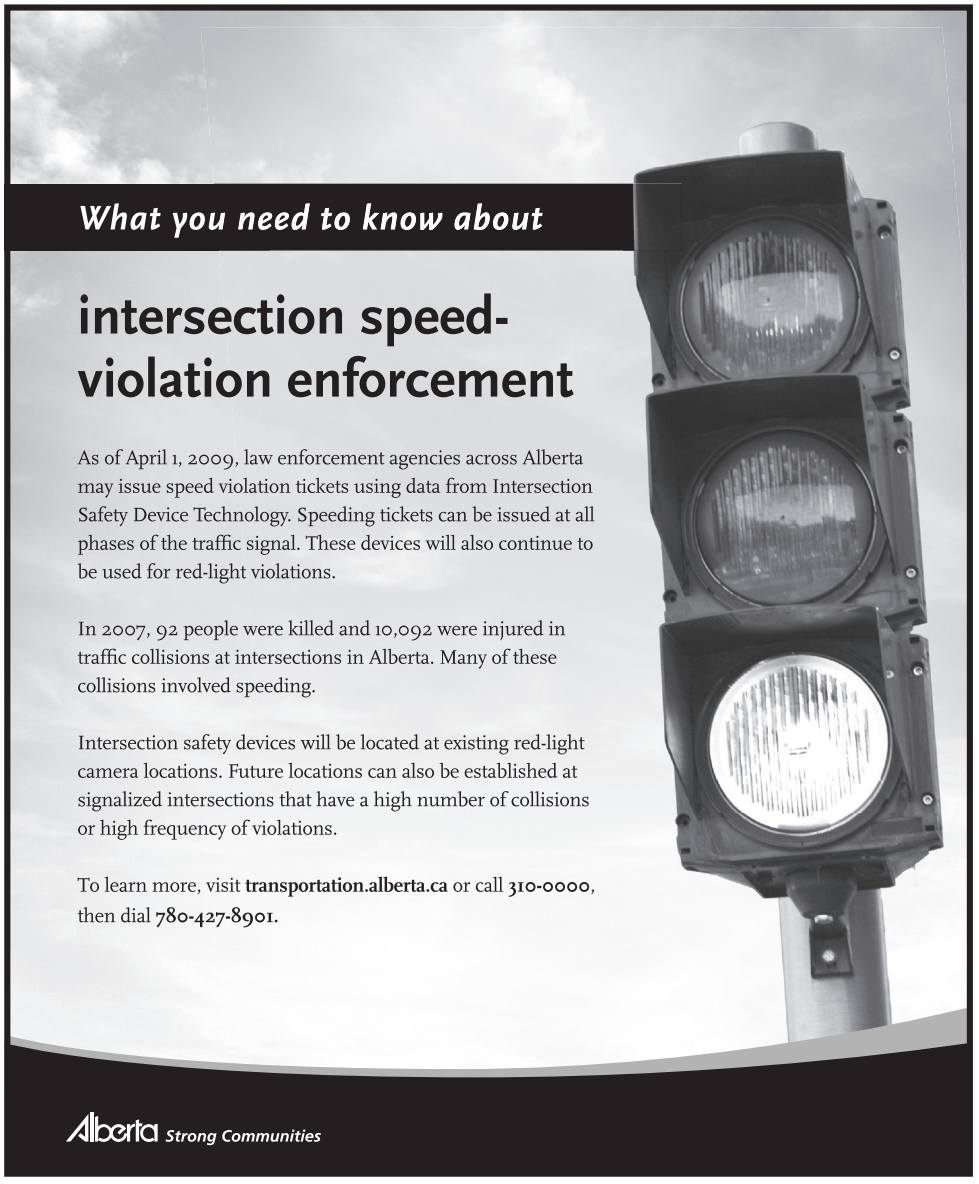
BRIAN COULTON/FOR METRO CANADA

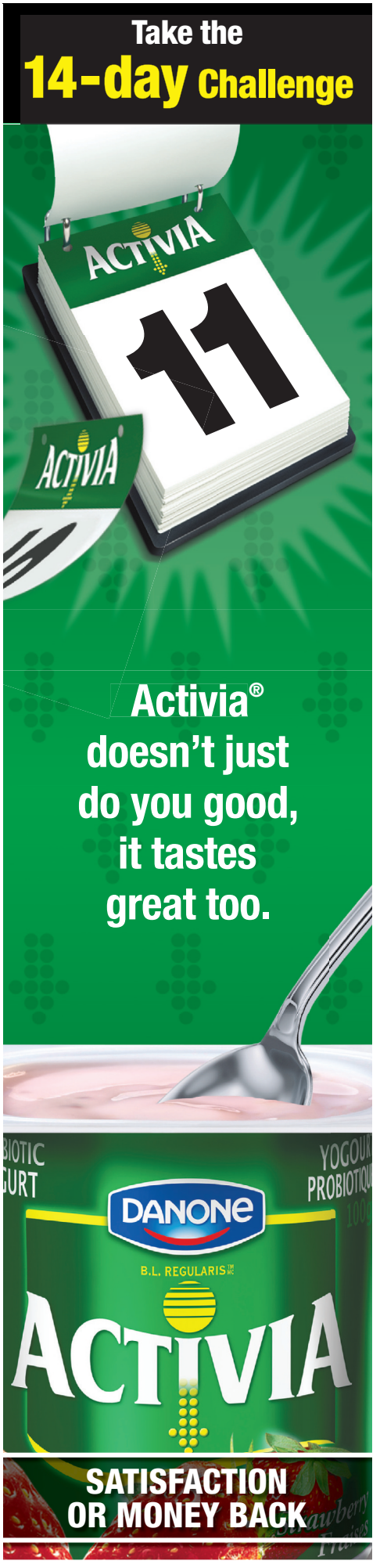
Reality TV star Jade Goody dies

Jade Goody

CELEBRITY Jade Goody, a one-time dental assistant whose final days were as closely chronicled in the media as her controversial appearances on reality television, died of cervical cancer yesterday. The 27-year-old mother of two, who married her boyfriend in a televised ceremony only last month, died in her sleep at her home in Essex, southeast England. "Jade died at 3:55 a.m. this morning," her tearful mother Jackiey Budden told reporters yesterday. "Family and friends would like privacy at last." Goody shot to fame in 2002 after appearing in Big Brother.

REUTERS





Joe pulls a Miley

Jonas Brothers singer Joe Jonas may be facing flak over a photo showing him slanting his eyes in what some speculate is an attempt to mock Asians. Fellow Disney star Miley Cyrus drew anger over a similar photo earlier this year. METRO WORLD NEWS

Celebrity Buzz

Sex tapes and the other woman?

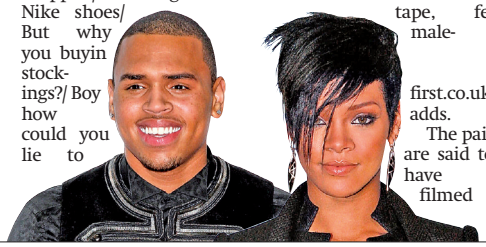
PEOPLE Chris Brown cheated on Rihanna with a model, femalefirst.co.uk alleges.

The 19-year-old singer was having a relationship with 27-year-old model Natasha Ellie, the website says.

It has been claimed Natasha sent the three-page text message — initially reported to be from someone who Chris "had a previous sexual relationship with" — which sparked Chris and Rihanna's argument.

A source said: "Rihanna has been having problems with this girl for a long time. Rihanna even reached out to Natasha, but she denied everything."

Natasha may even have been mentioned in the lyrics to Rihanna's song Emergency Room: "I was pickin' up your clothes in the closet/ I was 'bout to throw your jeans in the washer/ 'Til I saw a piece of paper sayin' "Tasha"/ I gotta say I found this a bit shockin'/ And some receipts here that say you went shoppin'/ You bought some Nike shoes/ But why you buyin stockings?/ Boy how could you lie to me?/ I thought you would die for me/ I'm not accepting another apology."



The model's representative has denied the model had a relationship with Chris, but confirmed the pair met in Miami two years ago.

Meanwhile, rumours are flying that Rihanna and Chris Brown made a sex tape, femalefirst.co.uk adds.

The pair are said to have filmed themselves engaging in a series of "kinky" acts.

A source told Star magazine: "Chris and Rihanna enjoy an aggressive love life that would shock many people. Rihanna loves dressing up — including as a dominatrix — and role playing. They both have kinky sides."

The source added: "Rihanna has no issues with her sexuality. She can be really out there. But she'd be mortified if her friends and family found this out.

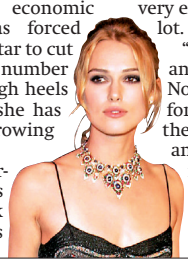
"Rihanna isn't always the little goody-two-shoes everyone thinks she is, and Chris doesn't want or need another scandal."

METRO NEWS SERVICES

Keira's recession tip

SHOES Keira Knightley rents shoes to satisfy her footwear fetish, femalefirst.co.uk reports.

The global economic downturn has forced The Duchess star to cut down on the number of designer high heels she buys, so she has started borrowing shoes instead.



The 23-year-old actress said: "I think when I was very young and I suddenly started earning a bit of money and I could actually afford to buy shoes, I got very excited and bought a lot. I mean a lot!

"I haven't bought any in quite a while. Now I just rent them for the day. They give them to me for the day and I give them back in the evening, which is good."

METRO NEWS SERVICES

Lindsay's career revival stalls

CAREER Seth Rogen is refusing to return Lindsay Lohan's calls.

The 22-year-old is keen to revive her acting career by working with the Knocked Up actor, but is finding it hard to get in touch with him, femalefirst.co.uk reports.

She told Nylon magazine: "We're trying to get Seth Rogen for this project, but Seth won't call us back. So call us back, Seth, if you're reading this!

"I'm talking to lots of people. One is Sean Penn — I spoke to him again the other day."

If she struggles to land any roles, Lindsay added that she may pursue modelling.

METRO NEWS SERVICES

GETTY IMAGES

Madonna orders cellphone ban?

DATING Madonna has banned her boyfriend from answering his phone in front of her, femalefirst.co.uk reports.

The 50-year-old argued with lover Jesus Luz, 22, after he took a call while she was in the same room.

A source said: "She told him it was rude for him to take a phone call in front of her ... Madonna agreed to let him answer the mobile when she's around, but only in emergencies.

However, she doesn't follow her own rules: "If her phone rings and she wants to take the call, she'll do it. This is not a relationship of equals."

METRO NEWS SERVICES

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Watch the Genie Awards on Global and IFC, Saturday April 4.

prix 29genie awards

No purchase necessary. One entry per person. Contest open to Canadian residents of legal age, excluding residents of Quebec. Contest closes April 9, 2009 at 11:59 pm. Odds of winning depend on number of entries received. For full contest rules and details, visit www.metronews.ca

metro

THE PERFECT FAMILY OUTING FOR SPRING BREAK

"Absolutely endearing!"
The Montreal Gazette

ANA GASTEYER RYAN BELLEVILLE

FINN ON THE FLY

NOW PLAYING

CINEPLEX ENTERTAINMENT PARAMOUNT DINNICK CENTRE
CINEPLEX ENTERTAINMENT SUNRIDGE
EMPIRE THEATRES STUDIO 10 MACLEOD TRAIL
EMPIRE THEATRES STUDIO 16 COUNTRY HILLS

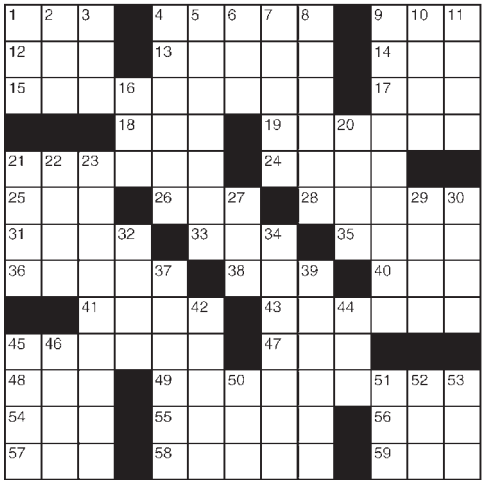
Check theatre directories for showtimes

Today Some clouds 3 C / -6 C
Tuesday Mostly cloudy 2 C / -6 C
Wednesday Flurries -1 C / -8 C

BT BREAKFAST TELEVISION

Andrew Schultz, Weather Specialist – Breakfast Television
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta." WEEKDAYS AT 6 A.M.

Take Five



Crossword across

1 Some time —
4 Aesopian story
9 Bribe
12 Violinist's need
13 Forcefully
14 Mine output
15 Lawyer, in the U.K.
17 Confederacy leader
18 Opposite of "trans-"
19 Idea
21 Missing
24 Hit with an open hand
25 Brazilian resort
26 Joke
28 Lascivious
31 Right angles
33 Poorly lit
35 Wear out
36 Cut corners
38 Talk and talk and talk
40 The Red or the Black
41 Dweeby type
43 Tenant
45 Maine city
47 Heavy weight
48 Previous night
49 Card game for recluses?
54 In medias —
55 Foolish
56 Conventual
57 Wife's address
58 Lukewarm
59 Homer's neighbor Flanders

Crossword down

1 Tummy muscles
2 Sticky stuff
3 Pussycat's partner
4 Up against
5 1839 mutiny site
6 Slugger's prop
7 They have their pride
8 Sign up
9 "Only the self exists" theory
10 Sandwich cookie
11 Hammerhead part
16 Capades locale
20 Lacking slack
21 War god
22 Swindle
23 Reliability
27 Showbiz job
29 Genealogy chart
30 Calendar quota
32 Urban blight
34 007's quaff
37 "Cheers"
39 Started a computer
42 Danish money
44 — rampage
45 Shoulder of a road
46 State with certainty
50 Stander's loss
51 Hostel
52 Regret
53 This clue's place, aptly enough

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

					3	5		
			1	2		6		
9	1	4				2		
6			7		1		2	
	8						4	
	3		8		2			9
		3				4	5	8
		7		3	8			
		6	9					

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

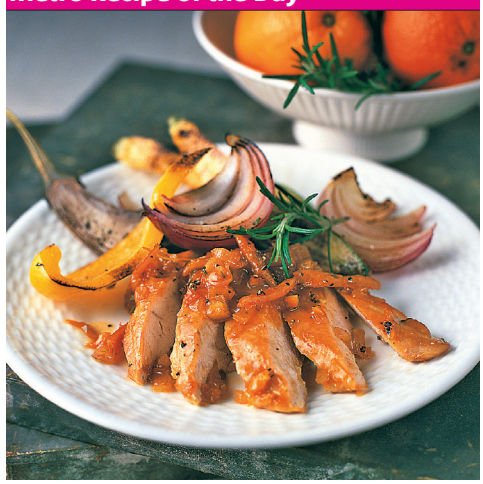
A	P	T		L	O	G		B	R	A	G	S
I	O	U		A	P	T		R	E	N	A	I
I	L	L		S	A	N	T	A	B	A	B	Y
B	A	S		S	Q	U	I	D				
I	R	A	Q		U	S	E		L	A	N	D
			U	T	E		D	R	A	G	O	N
A	E	R	I	E				O	P	E	R	A
S	T	A	L	L	S		P	E	A			
P	A	N	T		O	E	R		Z	I	N	C
				T	U	L	I	P		M	A	C
S	A	N	T	A	R	O	S	A		A	M	P
P	R	I	A	M		P	O	I		G	E	E
Y	E	L	P	S		E	N	D		E	D	S

7	4	8	6	9	3	2	5	1
6	5	9	8	2	1	7	3	4
3	1	2	4	5	7	8	6	9
4	3	7	2	1	6	5	9	8
1	2	5	9	7	8	3	4	6
9	8	6	3	4	5	1	2	7
8	9	3	1	6	2	4	7	5
2	7	4	5	8	9	6	1	3
5	6	1	7	3	4	9	8	2

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:
Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min.....Not bad
25+ min.....Keep practising

Metro Recipe of the Day



Skillet Chicken with Rosemary-Orange Sauce

CHICKEN INGREDIENTS:
2 tsp (10 ml) olive oil
4 skinless, boneless chicken breast halves
1/4 tsp (1 ml) salt

SAUCE INGREDIENTS:
2 shallots
1/4 tsp (1 ml) salt
1 1/2 tsp (7 ml) grated orange zest
1/2 tsp (2 ml) fresh rosemary, minced
1/4 tsp (1 ml) pepper
2/3 cup (150 ml) orange juice
1 tbsp (15 ml) orange marmalade
1 tbsp (15 ml) lemon juice
1 tsp (5 ml) cornstarch blended with 1 tbsp (15 ml) water

METHOD:
1. Heat oil in large skillet over medium heat. Sprinkle chicken with salt and cook until golden brown on one side, about 5 minutes. Turn chicken and cook until golden brown and cooked through, about 5 minutes. Transfer to plate and cover loosely with foil.
2. Add shallots to pan and cook, stirring, until light golden, about 3 minutes. Stir in salt, orange zest, rosemary, pepper, orange juice and marmalade and boil. Stir in lemon juice.
3. Stir in cornstarch mixture and cook, stirring, until sauce is slightly thickened, about 1 minute. Slice chicken and serve with sauce spooned on top.

SERVES 4

rd.ca
For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes

AVATAR VENUS

ARIES ♈
MARCH 21-APRIL 20
Be proactive when dealing with a simple issue. Everybody can understand a definite decision. A bit of luck is followed by a move.

TAURUS ♉
APRIL 21-MAY 21
A big man wants to stay out of things. Solving a crime is up to you. A disappointed stranger gets in the way.

GEMINI ♊
MAY 22-JUNE 21
Be flexible if offered different job duties. A younger friend in a bad mood is tiresome. Toss out stale ideas when dealing with the public.

CANCER ♋
JUNE 22-JULY 22
A miserable man seeks your help. Save money by buying a sale item. Don't be friendly to someone's little ogre.

LEO ♌
JULY 23-AUG 23
You'll hear an astounding statement. A creative thinker rushes into a bad situation. Others are on your side if times get tough.

VIRGO ♍
AUG 24-SEPT 22
Your convictions determine what you get. A man comes to perk everyone up. An excuse is discovered to be a lie.

LIBRA ♎
SEPT 23-OCT 23
A friendship develops with a spectator. Unexpected info causes the fulfillment of a dream. A swindler comes to your rescue.

SCORPIO ♏
OCT 24-NOV 22
Good plans are disrupted by smugness. A motivated person will be punished after an oversight. Speak softly and people will listen.

SAGITTARIUS ♐
NOV 23-DEC 21
Scout around to find some good luck. A loan will be repaid. Asking questions will lead you to greater awareness.

CAPRICORN ♑
DEC 22-JAN 20
Someone will turn heads at a meeting. Don't harass your relatives. Don't go to dangerous places.

AQUARIUS ♒
JAN 21-FEB 18
Act fast to make your mark. Do not complain about a stranger. Someone bores you with banal chatter.

PISCES ♓
FEB 19-MARCH 20
Respond quickly when someone is asking for help. Family problems will generate a guilty look. A woman needs to talk things out.

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